



# **PROGRAM OFFERINGS**

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**ARIS 2025-2026**

# PLAYER PATHWAY

PHASE	FOUNDATION				DEVELOPMENT			IMPLEMENT			PERFORM					
					PRE-ELITE (U10-U12)			ELITE (U13-U19)			PRE-PRO (U19+)					
	LITTLE LIONS (U5-U6)		JUNIORS (U7-U9)		PRE-ACADEMY (U10-U12)			ACADEMY (U13-U19)								
AGE	U5	U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	U19+ →
ZONE	GRASSROOTS		1					2			PRE-PRO					

# CONTENTS

**JUNIORS | U7-U9 (BORN IN 2019-2017)**

**PRE-ACADEMY | U10-U12 (BORN IN 2016-2014)**

**PRE-ELITE | U10-U12 (BORN IN 2016-2014)**

**ACADEMY | U13-U19 (BORN IN 2013-2007)**

**ELITE | U13-U19 (BORN IN 2013-2007)**



# JUNIORS

## U7-U9 (BORN IN 2019-2017)

<b>LEAGUES</b>	State/Local League* <small>*If available at your location in your age group. In-house leagues otherwise.</small>
<b>STAFF</b>	Licensed Professional
<b>PROGRAM LENGTH</b>	Fall: August-November Spring: March-May
<b>TRAINING SESSIONS</b>	2x a week
<b>WINTER TRAINING</b>	Additional cost (Subject to availability)
<b>PLAYING SURFACE</b>	Grass & Turf
<b>EVENTS</b>	4 Total: • All local events
<b>ALL-INCLUSIVE FEES INCLUDE</b>	<ul style="list-style-type: none"><li>• League Fees</li><li>• League Member Fees</li><li>• Referee Fees</li><li>• Administrative Fees</li><li>• Support Staff Fees</li><li>• Coach Fees</li><li>• Facility Fees</li><li>• Curriculum Education Fees</li></ul>

# PRE-ACADEMY (TIER 1)

## U10-U12 (BORN IN 2016-2014)

<b>LEAGUES</b>	State League
<b>STAFF</b>	Licensed Professional
<b>PROGRAM LENGTH</b>	Fall: August-November Spring: March-May
<b>TRAINING SESSIONS</b>	2x a week
<b>WINTER TRAINING</b>	Additional cost (Subject to availability)
<b>PLAYING SURFACE</b>	Grass & Turf
<b>EVENTS</b>	4 Total: <ul style="list-style-type: none"> <li>• 1 Travel Event (Tournament or State Cup)</li> <li>• 3 Local Events</li> </ul>
<b>ADDITIONAL RESOURCES</b>	Access To: <ul style="list-style-type: none"> <li>• GK Director</li> <li>• Goalkeeper Trainings</li> </ul>
<b>ALL-INCLUSIVE FEES INCLUDE</b>	<ul style="list-style-type: none"> <li>• League Fees</li> <li>• League Members Fees</li> <li>• Referee Fees</li> <li>• Administrative Fees</li> <li>• Support Staff Fees</li> <li>• Coach Fees</li> <li>• Facility Fees</li> <li>• Curriculum Education Fees</li> </ul>

# PRE-ACADEMY (TIER 2)

## U10-U12 (BORN IN 2016-2014)

<b>LEAGUES</b>	State/Local League
<b>STAFF</b>	Licensed Professional
<b>PROGRAM LENGTH</b>	Fall: August-November Spring: March-May
<b>TRAINING SESSIONS</b>	2x a week
<b>WINTER TRAINING</b>	Additional cost (Subject to availability)
<b>PLAYING SURFACE</b>	Grass
<b>EVENTS</b>	3 Total: <ul style="list-style-type: none"><li>• 1 Regional Travel Event</li><li>• 2 Local Events</li></ul>
<b>ALL-INCLUSIVE FEES INCLUDE</b>	<ul style="list-style-type: none"><li>• League Fees</li><li>• League Members Fees</li><li>• Referee Fees</li><li>• Administrative Fees</li><li>• Support Staff Fees</li><li>• Coach Fees</li><li>• Facility Fees</li><li>• Curriculum Education Fees</li></ul>

# PRE-ELITE

## U10-U12 (BORN IN 2016-2014)

<b>LEAGUES</b>	Highest Level of Competition
<b>STAFF</b>	High US - Licensed Professional
<b>PROGRAM LENGTH</b>	Fall: August-November Spring: February-May
<b>TRAINING SESSIONS</b>	3x a week
<b>WINTER TRAINING</b>	Included
<b>PLAYING SURFACE</b>	Turf & Grass
<b>EVENTS</b>	6 Total: <ul style="list-style-type: none"><li>• 2 Travel Events</li><li>• 2 Pre-Elite Events</li><li>• 2 Local Events</li></ul>
<b>ADDITIONAL RESOURCES</b>	Access To: <ul style="list-style-type: none"><li>• GK Director</li><li>• Goalkeeper Trainings (2x a week)</li><li>• Game Film &amp; Analytics Platform</li><li>• Winter Training Opportunities</li></ul>
<b>ALL-INCLUSIVE FEES INCLUDE</b>	<ul style="list-style-type: none"><li>• League Fees</li><li>• League Members Fees</li><li>• Referee Fees</li><li>• Administrative Fees</li><li>• Support Staff Fees</li><li>• Coach Fees</li><li>• Facility Fees</li><li>• Curriculum Education Fees</li></ul>

# ACADEMY (TIER 1)

## U13-U19 (BORN IN 2013-2007)

<b>LEAGUES</b>	Regional/State League
<b>STAFF</b>	Licensed Professional
<b>PROGRAM LENGTH</b>	U13-U14 Boys & Girls: August-May U15-U19 Boys: August-January U15-U19 Girls: November-May
<b>TRAINING SESSIONS</b>	3x a week
<b>WINTER TRAINING</b>	Additional cost (Subject to availability)
<b>PLAYING SURFACE</b>	Grass & Turf
<b>EVENTS</b>	5 Total: <ul style="list-style-type: none"><li>• 2 Travel Events</li><li>• 3 Local Events (Tournament or Showcase)</li></ul>
<b>ADDITIONAL RESOURCES</b>	Access To: <ul style="list-style-type: none"><li>• GK Director</li><li>• Goalkeeper Trainings</li><li>• Sports Recruits*</li><li>• College Recruitment Program*</li><li>• Game Film &amp; Analytics Platform*</li></ul> <p>*U15 &amp; Up</p>
<b>ALL-INCLUSIVE FEES INCLUDE</b>	<ul style="list-style-type: none"><li>• League Fees</li><li>• League Members Fees</li><li>• Referee Fees</li><li>• Administrative Fees</li><li>• Support Staff Fees</li><li>• Coach Fees</li><li>• Facility Fees</li><li>• Curriculum Education Fees</li></ul>

# ACADEMY (TIER 2)

## U13-U19 (BORN IN 2013-2007)

<b>LEAGUES</b>	State/Local League
<b>STAFF</b>	Licensed Professional
<b>PROGRAM LENGTH</b>	U13-U14 Boys & Girls: August-May U15-U19 Boys: August-January U15-U19 Girls: November-May
<b>TRAINING SESSIONS</b>	2x a week
<b>WINTER TRAINING</b>	Additional cost (Subject to availability)
<b>PLAYING SURFACE</b>	Grass
<b>EVENTS</b>	4 Total: <ul style="list-style-type: none"><li>• 1 Travel Event</li><li>• 3 Local Events (Tournament or Showcase)</li></ul>
<b>ADDITIONAL RESOURCES</b>	Access To: <ul style="list-style-type: none"><li>• GK Director</li><li>• Goalkeeper Trainings</li><li>• Sports Recruits*</li><li>• College Recruitment Program*</li></ul> <small>*U15 &amp; Up</small>
<b>ALL-INCLUSIVE FEES INCLUDE</b>	<ul style="list-style-type: none"><li>• League Fees</li><li>• League Members Fees</li><li>• Referee Fees</li><li>• Administrative Fees</li><li>• Support Staff Fees</li><li>• Coach Fees</li><li>• Facility Fees</li><li>• Curriculum Education Fees</li></ul>



# ELITE

## U13-U19 (BORN IN 2013-2007)

<b>LEAGUES</b>	A National League
<b>STAFF</b>	High US - Licensed Professional
<b>PROGRAM LENGTH</b>	U13-U14 Boys & Girls: August-May U15-U19 Boys: August-January U15-U19 Girls: November-May
<b>TRAINING SESSIONS</b>	3x a week
<b>WINTER TRAINING</b>	Included
<b>PLAYING SURFACE</b>	Turf & Grass
<b>EVENTS</b>	5-6 Total: <ul style="list-style-type: none"><li>• 2-3 League National Events</li><li>• 3 Local Events (Tournament or Showcase)</li></ul>
<b>ADDITIONAL RESOURCES</b>	Access To: <ul style="list-style-type: none"><li>• Dedicated GK Director</li><li>• College Support Staff</li><li>• Data &amp; Video Analytics Director</li><li>• Matchday Athletic Trainers</li><li>• Goalkeeper Trainings</li><li>• Sports Recruits*</li><li>• College Recruitment Program*</li><li>• College Brochures*</li></ul> <small>*U15 &amp; Up</small>
<b>ALL-INCLUSIVE FEES INCLUDE</b>	<ul style="list-style-type: none"><li>• League Fees</li><li>• League Members Fees</li><li>• Referee Fees</li><li>• Administrative Fees</li><li>• Support Staff Fees</li><li>• Coach Fees</li><li>• Facility Fees</li><li>• Curriculum Education Fees</li></ul>