



PROGRAM OFFERINGS

LEXINGTON 2025-2026

PLAYER PATHWAY

| PHASE | FOUNDATION | | | | DEVELOPMENT | | | IMPLEMENT | | | PERFORM | | | | | |
|-------|----------------------|----|-----------------|----|-----------------------|-----|-----|-------------------|-----|-----|----------------|-----|-----|-----|-----|--------|
| | | | | | PRE-ELITE (U10-U12) | | | ELITE (U13-U19) | | | PRE-PRO (U19+) | | | | | |
| | LITTLE LIONS (U5-U6) | | JUNIORS (U7-U9) | | PRE-ACADEMY (U10-U12) | | | ACADEMY (U13-U19) | | | | | | | | |
| AGE | U5 | U6 | U7 | U8 | U9 | U10 | U11 | U12 | U13 | U14 | U15 | U16 | U17 | U18 | U19 | U19+ → |
| ZONE | GRASSROOTS | | | | 1 | | | 2 | | | PRE-PRO | | | | | |

CONTENTS

JUNIORS | U7-U9 (BORN IN 2019-2017)

PRE-ACADEMY | U10-U12 (BORN IN 2016-2014)

ACADEMY | U13-U19 (BORN IN 2013-2007)



JUNIORS

U7-U9 (BORN IN 2019-2017)

| | |
|-----------------------------------|---|
| LEAGUES | State/Local League* <small>*If available at your location in your age group. In-house leagues otherwise.</small> |
| STAFF | Licensed Professional |
| PROGRAM LENGTH | Fall: August-November Spring: March-May |
| TRAINING SESSIONS | 2x a week |
| WINTER TRAINING | Additional cost (Subject to availability) |
| PLAYING SURFACE | Grass & Turf |
| EVENTS | 4 Total: • All local events |
| ALL-INCLUSIVE FEES INCLUDE | <ul style="list-style-type: none">• League Fees• League Member Fees• Referee Fees• Administrative Fees• Support Staff Fees• Coach Fees• Facility Fees• Curriculum Education Fees |

PRE-ACADEMY (TIER 1)

U10-U12 (BORN IN 2016-2014)

| | |
|-----------------------------------|--|
| LEAGUES | State League |
| STAFF | Licensed Professional |
| PROGRAM LENGTH | Fall: August-November Spring: March-May |
| TRAINING SESSIONS | 2x a week |
| WINTER TRAINING | Additional cost (Subject to availability) |
| PLAYING SURFACE | Grass & Turf |
| EVENTS | 4 Total: <ul style="list-style-type: none">• 1 Travel Event (Tournament or State Cup)• 3 Local Events |
| ADDITIONAL RESOURCES | Access To: <ul style="list-style-type: none">• GK Director• Goalkeeper Trainings |
| ALL-INCLUSIVE FEES INCLUDE | <ul style="list-style-type: none">• League Fees• League Members Fees• Referee Fees• Administrative Fees• Support Staff Fees• Coach Fees• Facility Fees• Curriculum Education Fees |

PRE-ACADEMY (TIER 2)

U10-U12 (BORN IN 2016-2014)

| | |
|-----------------------------------|--|
| LEAGUES | State/Local League |
| STAFF | Licensed Professional |
| PROGRAM LENGTH | Fall: August-November Spring: March-May |
| TRAINING SESSIONS | 2x a week |
| WINTER TRAINING | Additional cost (Subject to availability) |
| PLAYING SURFACE | Grass |
| EVENTS | 3 Total: <ul style="list-style-type: none">• 1 Regional Travel Event• 2 Local Events |
| ALL-INCLUSIVE FEES INCLUDE | <ul style="list-style-type: none">• League Fees• League Members Fees• Referee Fees• Administrative Fees• Support Staff Fees• Coach Fees• Facility Fees• Curriculum Education Fees |

ACADEMY (TIER 1)

U13-U19 (BORN IN 2013-2007)

| | |
|-----------------------------------|--|
| LEAGUES | Regional/State League |
| STAFF | Licensed Professional |
| PROGRAM LENGTH | August-May |
| TRAINING SESSIONS | 3x a week |
| WINTER TRAINING | Additional cost (Subject to availability) |
| PLAYING SURFACE | Grass & Turf |
| EVENTS | 5 Total: <ul style="list-style-type: none">• 2 Travel Events• 3 Local Events (Tournament or Showcase) |
| ADDITIONAL RESOURCES | Access To: <ul style="list-style-type: none">• GK Director• Goalkeeper Trainings• Sports Recruits*• College Recruitment Program*• Game Film & Analytics Platform* <small>*U15 & Up</small> |
| ALL-INCLUSIVE FEES INCLUDE | <ul style="list-style-type: none">• League Fees• League Members Fees• Referee Fees• Administrative Fees• Support Staff Fees• Coach Fees• Facility Fees• Curriculum Education Fees |

ACADEMY (TIER 2)

U13-U19 (BORN IN 2013-2007)

| | |
|-----------------------------------|--|
| LEAGUES | State/Local League |
| STAFF | Licensed Professional |
| PROGRAM LENGTH | Fall: August-November Spring: March-May |
| TRAINING SESSIONS | 2x a week |
| WINTER TRAINING | Additional cost (Subject to availability) |
| PLAYING SURFACE | Grass |
| EVENTS | 4 Total: <ul style="list-style-type: none">• 1 Travel Event• 3 Local Events (Tournament or Showcase) |
| ADDITIONAL RESOURCES | Access To: <ul style="list-style-type: none">• GK Director• Goalkeeper Trainings• Sports Recruits*• College Recruitment Program* <small>*U15 & Up</small> |
| ALL-INCLUSIVE FEES INCLUDE | <ul style="list-style-type: none">• League Fees• League Members Fees• Referee Fees• Administrative Fees• Support Staff Fees• Coach Fees• Facility Fees• Curriculum Education Fees |